

Welcome meeting first year PhD students (D1)

Doctoral School STEP'UP

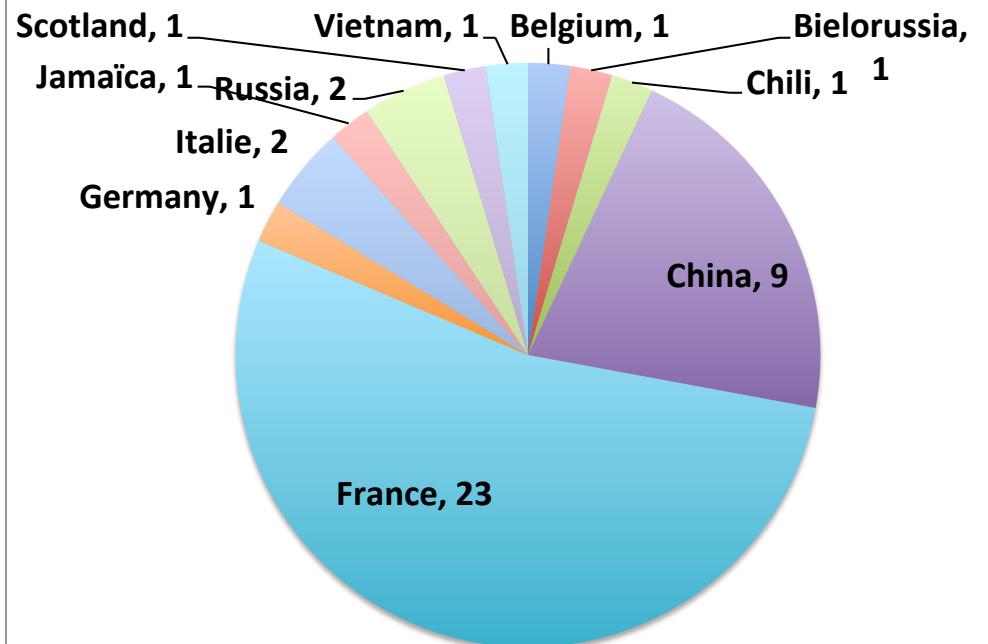
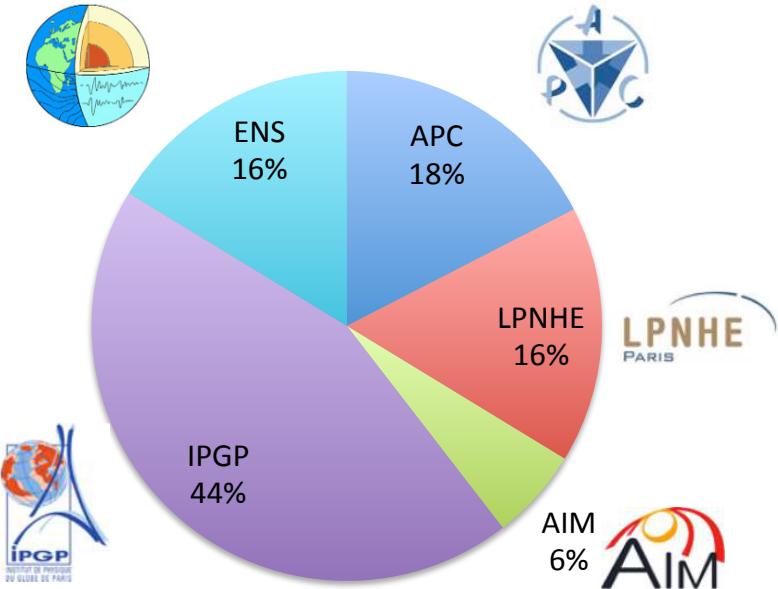
October 1st, 2020



<https://ed560.ed.univ-paris-diderot.fr/>

Promotion STEP'UP 2020/21

Répartition par Laboratoire D1 2020/21



- 43 students in this prom' (204 in total)
- Gender ratio 33% (W) - 67% (M)
- 11 nationalities from 3 continents
- From Earth sciences to physics of the Universe



One doctoral school !



Settling in France @ STEP'UP

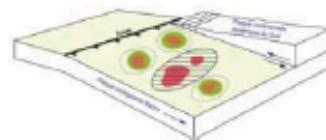
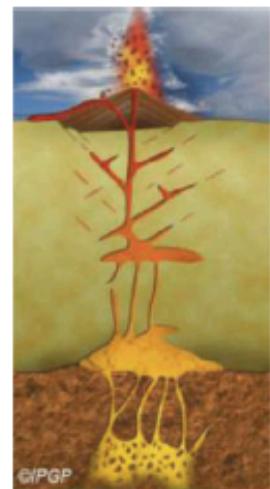
The screenshot shows the official website of STEP'UP Ecole Doctorale. At the top right, there are navigation links: 'L'École Doctorale', 'Rejoindre l'ED', 'Pendant la thèse', and 'Après la thèse'. On the left, there are language options ('Français', 'English'), a sidebar with 'Actualités' (including 'Résultats du concours complémentaire', 'Réunions de rentrée 2019', 'Admission des doctorants 2019-2020', and 'Congrès des Doctorants 2019'), and a search bar. Below the sidebar, there's a login form with fields for 'Nom d'utilisateur' (containing 'ygiraudheraud') and 'Mot de passe' (containing '*****'). A blue 'Connexion' button is at the bottom of the form. The main content area features a heading 'Bien préparer son arrivée' and a sub-section 'Welcome to ED 560 STEP'UP!'. It contains text about mandatory actions for starting a PhD in Paris (VISA, Housing, Social Security registration) and useful links for ENS or IPGP. A large red callout box highlights the text 'Register asap to your designated university ! e.g. Université de Paris deadline is november 30th !!'.

<https://ed560.ed.univ-paris-diderot.fr/pour-les-nouveaux-arrivants/>

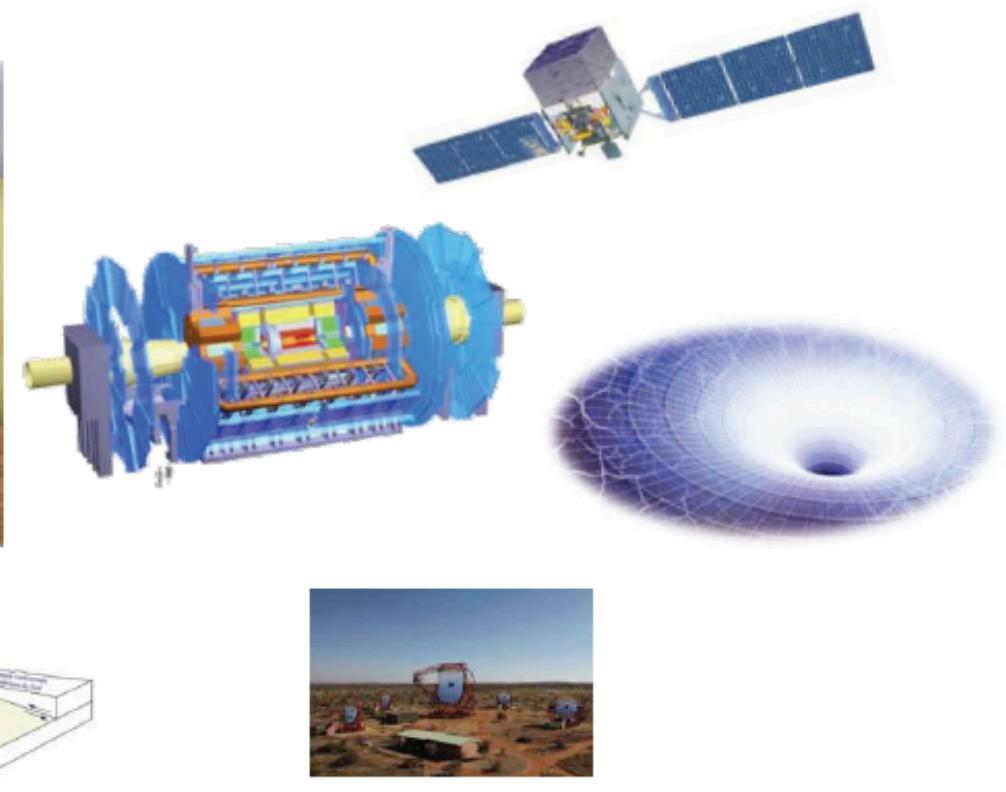


STEP'UP: Scientific themes

Earth & Planetary interiors
Natural Hazards
Earth System Science
Origins



Cosmology, Gravitation, Particle Physics,
Astroparticles, instrumentation



STEPUP: Universities affiliation



SORBONNE
UNIVERSITÉ

Collège Doctoral SU

Dir: Pierre Demeulanaere



Université
de Paris

Collège des Ecoles
Doctorales UP

Dir: Thomas Coudreau

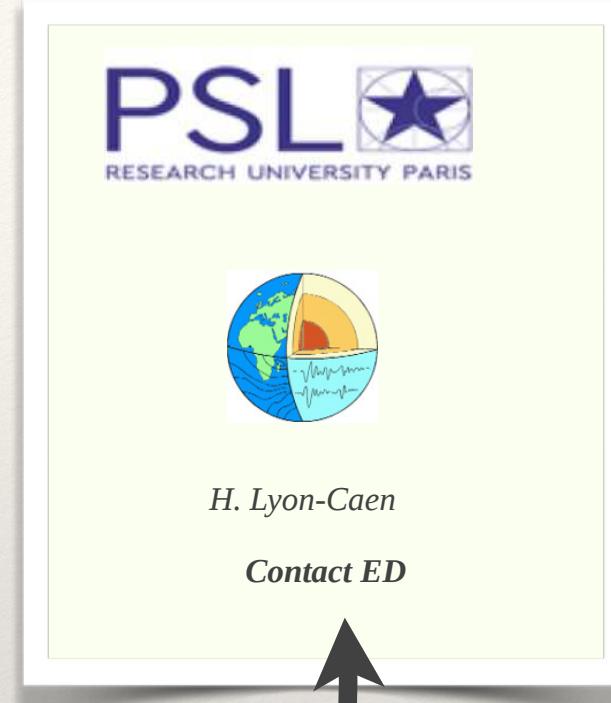
PSL
RESEARCH UNIVERSITY PARIS

Collège Doctoral PSL

Dir: ??



STEP'UP scientific affiliation



~300 researchers
~200 PhD students

Organisation de l'ED

Two components but one single doctoral school !

Physics of the Univers (PU)



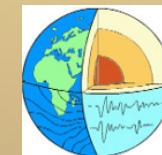
Director: Alessandra Tonazzo

Deputy director: Christophe Balland (-2020)

Sophie Trincaz-Duvold (2020 -)

Training coordinator: Irena Nikolic

Earth and Environment Sciences (TE)



Director: Clément Narteau

Deputy director: Hélène Lyon-Caen

Training coordinator: Frédéric Girault

Organisation of the doctoral school

Director : **Fabien Casse**, PR, Université de Paris, APC

Deputy-directors :

- **Christophe Balland** (→ 2020), PR, **Sophie Trincaz-Duvoid** (2020→), SU, LPNHE
- **Hélène Lyon-Caen**, DR CNRS, PSL, Lab. de Géologie ENS
- **Clément Narteau**, PR, Université de Paris, IPGP
- **Alessandra Tonazzo**, PR, Université de Paris, APC

Board of ED

Member of the board

- **Isabelle Grenier**, PR, Université de Paris, AIM

Training coordinators:

- **Frédéric Girault**, MCF, Université de Paris – Terre-Environnement
- **Irena Nikolic**, MCF, Sorbonne Université – Physique de l’Univers

Administration and management : **Zarie Rouas et Alissa Marteau**

Contacts : edstepup_pu@univ-paris-diderot.fr et scol-ed@ipgp.fr

Conseil de l’ED : 25 membres, dont 5 doctorants and 8 extérieurs.

The role of the doctoral School



The role of the doctoral school is to

- Ensure the quality of the scientific team
- Select the PhD candidates
- Monitor the progress of the thesis: AUTHORISATION FOR RE-ENROLLMENT!
- Promote exchanges between PhD candidates
- Organization of doctoral training useful for the PhD project and his (her) professional future
- Follows and promotes the employment of doctors
- International aspects

Monitoring the progress of your thesis

During your thesis, you are supposed to

- produce original scientific results (at least one article as a first author or with a major contribution)
 - present your results in conferences and papers
 - get training (see training section of this presentation)
 - prepare your professional future
- You signed a Phd agreement (charte de thèse) together with your supervisor, your laboratory and the doctoral school

The PhD agreement (Charte)

Vu l'arrêté du 25 mai 2016 fixant le cadre national de la formation et les modalités conduisant à la délivrance du diplôme national de doctorat : <https://www.legifrance.gouv.fr/affichTexte.do?cidTexte=JORFTEXT000032587086>

Dans le cadre de la thèse de doctorat Université de Paris, les signataires s'engagent à se conformer à la charte contenue en annexe et notamment :

- | | |
|-------------------------|---|
| You | *Chaque doctorant·e s'engage, en s'inscrivant en doctorat, à mener à bien le projet de recherche préalablement défini, à suivre les actions de formation et à se conformer aux procédures de suivi prescrites par son école doctorale (ED). Au cours du doctorat, elle·il se préoccupe de sa poursuite de carrière ; |
| Supervisor | *Chaque directeur·trice de thèse est le·la premier·e interlocuteur·trice du·de la doctorant·e. Son rôle, dans le cadre d'une équipe de recherche rattachée à l'école doctorale, est de valider le projet de recherche et d'assurer son suivi et les moyens de sa réalisation. Il·elle veille à ce que le·la doctorant·e suive les activités de formation et se conforme aux procédures de suivi prescrites par l'école doctorale. Le(s) directeur·trice·s de thèse accompagnent activement le·la doctorant·e dans sa poursuite de carrière ; |
| Head of lab. | *Chaque responsable d'unité de recherche (UR) est responsable de la bonne intégration du·de la doctorant·e dans son unité en tant que chercheur·se à part entière, et de la qualité des conditions de travail nécessaires à la bonne réalisation de la recherche engagée ; |
| Head of doctoral school | *Chaque directeur·trice d'école doctorale s'assure de la validation des projets de recherche doctoraux et de leur suivi. Il·elle s'assure également de la qualité de la formation doctorale donnée au·à la doctorant·e et veille au respect des règles régissant le déroulement du doctorat. L'école doctorale s'engage à présenter des informations sur le devenir professionnel des docteur·e·s. |

Monitoring the progress of your thesis

You can monitor the progress of your thesis through interactions with

- Your supervisor
- Your team/group leader, other members of the team
- The Doctoral School lab contacts + board members
- other permanent researchers, other Phd students.

Do not hesitate to ask
for help !!

Comité de Suivi de Thèse (CST):

- 2 researchers (at least 1 exterior to the team)
- yearly meetings to discuss the progress of your thesis: science, relation with your supervisor, motivation, logistics, professional project
- report required for re-inscription !

A THESIS IN FRANCE = 3 YEARS !!!

Monitoring the progress of your thesis

Timeline of your PhD

- since the 1st month: "Projet de Formation Individuelle"
- after ~8 months (April/May of 1st year): 1st meeting of the CST
- after 10-12 months: end-of 1st year individual interview
- after 12 months: enrolment to 2nd year
- after 20 months (April/May of 2nd year): : 2nd meeting of the CST
- after 22-24 months: end-of 2nd year individual interview →OK FOR RE-ENROLLMENT
- after 24 months: enrolment to 3rd year
- after 30 months (April/May of 3rd year): 3rd meeting of the CST
- after 33 months: start procedures for defence
- after 36 months: PhD defence !



Training and your professional future

TRAINING TO DO RESEARCH + TRAINING BY DOING RESEARCH

The doctoral school makes sure that you achieve a given set/level of skills and competences

→ Répertoire National des Certifications Professionnelles (RNCP)

- Start thinking about your professional future! → Individual Training project
- You have to achieve a total of **15 points** during your PhD (the value of 1 point of training has to be checked with training coordinators depending of the nature of the training)
<https://ed560.ed.univ-paris-diderot.fr/regles-formation/>
 - ➔ Minimum of 5 points as scientific training (STEP'UP or Masters)
 - ➔ If you teach, teaching and educational training are mandatory (2 days) and 1 point allowed per teaching year.
 - ➔ Mandatory training on “Ethics”
 - ➔ Yearly meeting with training coordinator is mandatory to get AUTHORISATION FOR RE-ENROLLMENT!

Training coordinators : Frédéric Girault (TE), Irena Nikolic (PU)

Doctoral training offer

- Training modules provided by the doctoral school

<https://ed560.ed.univ-paris-diderot.fr/formations-ed/>

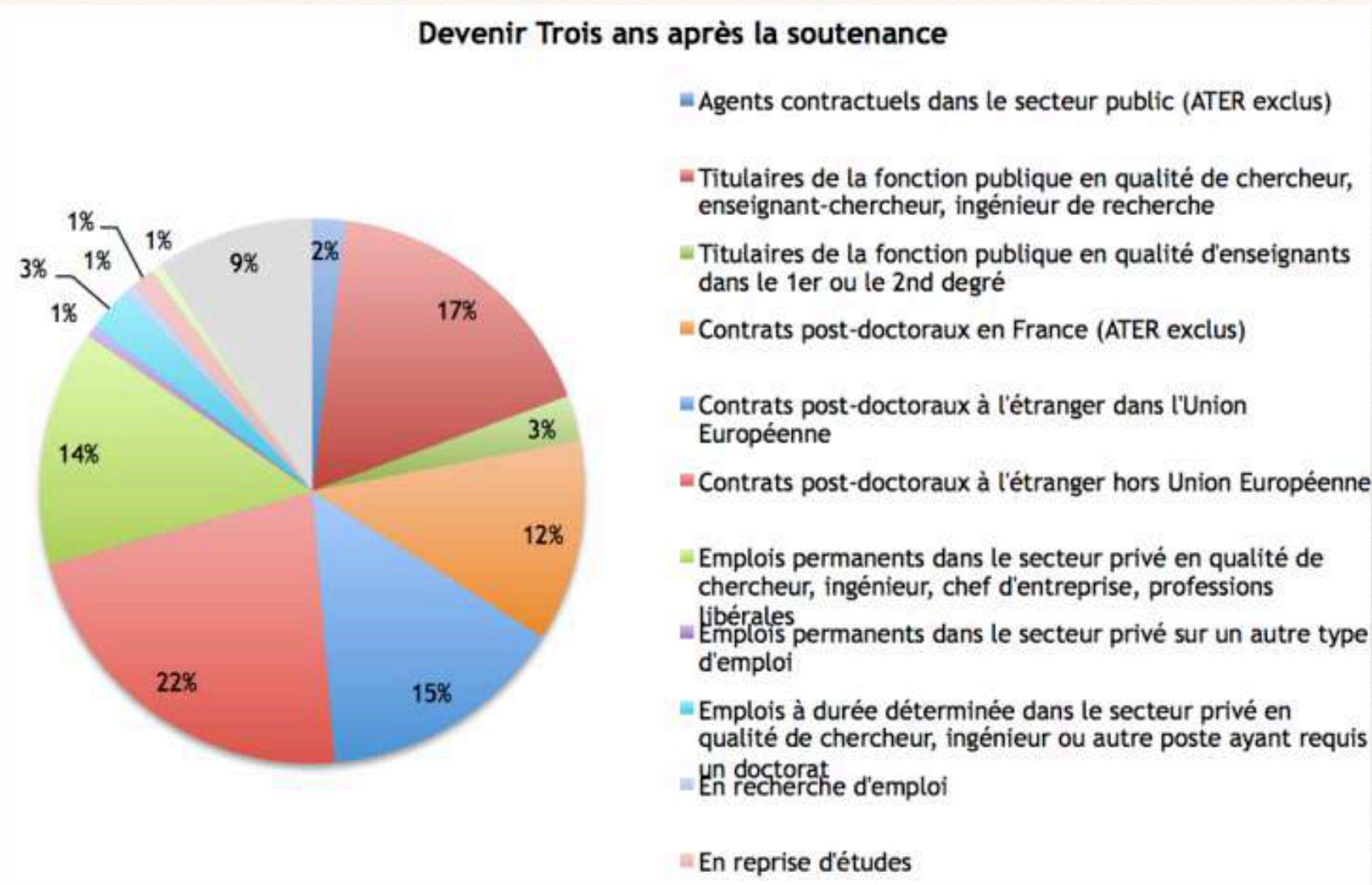
- ➔ Scientific formations
- ➔ 'Mind-opening' formations (other science fields, history, social sciences, etc..)
- ➔ General formations (language, methodology, oral communication, etc ...)

- Master-level courses and formations provided by other doctoral schools

- Training sessions by other entities such as Collège de France, CNRS, College doctoral de l'UP, Collège Doctoral de SU, Collège Doctoral de PSL, etc ...

<https://ed560.ed.univ-paris-diderot.fr/autres-formations/>

After the PhD thesis



ResearcherID and ORCID

First step to become a (publishing) researcher:
Get a unique ID to identify you as the author
of your work

- Go to publons.com

Create your account and as soon as
link one of your paper to your account you
will have a reseacherID.

- Go to orcid.org and register.

- Link your Orcid number to your
ResearcherID

→Having a ResearcherID and ORCID is
compulsory to register for 2nd year

The image displays two screenshots of academic websites. The top screenshot is from the Publons website, featuring a dark header with 'publons' and navigation links like 'BROWSE', 'COMMUNITY', 'FAQ', and a search icon. Below the header is a large banner with the text 'Track more of your research impact' over a background image of researchers working at desks. A blue button labeled 'CREATE A PUBLONS PROFILE' is visible. The bottom screenshot is from the ORCID website, which has a green-themed design. It features the ORCID logo and the tagline 'Connecting research and researchers'. A navigation bar includes 'FOR RESEARCHERS', 'FOR ORGANIZATIONS', 'ABOUT', and 'HELP'. Below the navigation is a section titled 'Distinguish yourself in three easy steps' with a green background and white text. Three circular icons numbered 1, 2, and 3 correspond to the steps: 'REGISTER', 'USE YOUR ORCID ID', and 'SHARE YOUR ORCID ID'. The bottom right corner of the image contains small icons for social media and other links.

International aspects

<https://ed560.ed.univ-paris-diderot.fr/pour-les-nouveaux-arrivants/>

Languages

- English test: compulsory for all (C1 level must be reached)
- French: B1 level required
- French and English courses: several options available

Mobility is strongly encouraged in the context of your professional project

- Some calls for funding will be announced during the year

International co-supervisions ("co-tutelles") are encouraged

- Special funding opportunities are available

Risks related to doctoral studies

As in any other type of working environment you have to be aware that you might be prone to

★ Psychosocial risks

★ Psychological or moral harassment

★ Sexual harassment

If you have any problem of this kind
→ communicate
→ do not hesitate to ask for help !

Different (local) levels of communication

- PhD students with more experience
- Colleagues within your laboratory
- The head of your laboratory or research unit
- Administrative staff within your laboratory or research unit

- Your PhD advisor
- Members of the thesis committee (CST)
- Members of the Doctoral School

But sometimes this is not enough

Psychosocial risks during PhD

A PhD can cause stress to personal involvement and the challenges of conducting original research.

Preventing stress before health problems occur helps to improve your working conditions, identify dysfunctions that hinder the progress of your PhD and optimize the quality of your research.

→ Do not hesitate to contact the Health care service from your university
(Service Inter-Universitaire de Médecine Préventive et Promotion de la Santé)



Infos – rentrée 2020 Futurs étudiants Étudiants Chercheurs Personnels Alumni Entreprises

UNIVERSITÉ • FORMATION • RECHERCHE • VIE DE CAMPUS • INTERNATIONAL

Santé et prévention

Le SIUMPPS, Service interuniversitaire de médecine préventive et de promotion de la santé, accueille les étudiants d'Université de Paris gratuitement pour des bilans de santé et des consultations.



Bilans et consultations

Le SIUMPPS, Service interuniversitaire de médecine préventive et de promotion de la santé, accueille tous les étudiants d'Université de Paris gratuitement pour :

- Les examens de santé comprenant : Médecine préventive, Prévention gynécologie, Prévention dentaire, Consultations psychologiques, Sevrage tabagique, Vaccinations, Consultations nutrition

SIUMPPS

accueil@siumpps.parisdescartes.fr
Consulter le site du SIUMPPS

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À PROPOS DE ACTIONS PUBLICS ACCÈS DIRECTS ÉVÉNEMENTS

Actions → Vie de campus → Vie étudiante → Santé → Le SIUMPPS

Le SIUMPPS

Pour Sorbonne Universités, l'amélioration des conditions de vie des étudiants passe d'abord par une prise en compte effective de leurs besoins en matière de santé. C'est l'objet du SIUMPPS.

Un service de médecine préventive commun aux étudiants de Sorbonne Universités

Tous l'année, le SIUMPPS organise avec ses partenaires des actions de prévention en direction des étudiants, voici les prochaines manifestations... Pour consulter l'agenda prévention, cliquez ici.

Le Service interuniversitaire de médecine préventive et de promotion de la santé (SIUMPPS) coordonné par Sorbonne Universités est ouvert aux étudiants de la communauté ainsi qu'à aux étudiants d'autres établissements par convention. Ses missions :

- assurer une meilleure prise en charge de la santé des étudiants,
- améliorer le suivi sanitaire,
- développer des actions de prévention et d'éducation à la santé,
- favoriser l'intégration des étudiants handicapés.

L'équipe pluridisciplinaire du SIUMPPS Sorbonne Universités (infirmières, médecins, psychologues, assistantes sociales et responsables administratifs) accueille les étudiants au sein d'un espace unique.

Des relais handicap sont à leur disposition dans le cadre de rendez-vous personnalisés et d'opérations de sensibilisation spécifiques.



Informations pratiques

COORDONNÉES DU SIUMPPS

15 rue de l'École de Médecine - 75006 Paris (métro Odéon) escalier G 3^{ème} étage.
Tél. : 01 40 61 10 00

HORAIRES D'OUVERTURE

Partager

FORMATION
RECHERCHE
VIE DE CAMPUS
VIE ÉTUDIANTE

La carte étudiant Sorbonne Universités : le plein de services pour la rentrée 2016-17
Emplois étudiants
SANTÉ
Le SIUMPPS
Prévention Santé : et les gagnants du Festival Flipret sont...
Médecine préventive : prochaines campagnes à destination des étudiants
ACCUEIL DES ÉTUDIANTS

LES ASSOCIATIONS ET PROJETS SOUTENUS PAR SORBONNE UNIVERSITÉS

INSERTION PROFESSIONNELLE - ENTREPRENEURIAT

CULTURE

SPORTS

INTERNATIONAL

EN LIEN AVEC L'ARTICLE

Plus d'informations
Site internet du SIUMPPS

RÉSEAUX SOCIAUX

Promote exchanges between PhD students

Exchanges between PhD students have been slowed down due to the Covid-19 outbreak !



- Today ! → Reception
- End of October : **Congrès des Doctorants STEPUP** (aka PhD conference)
(Robin Lacassin, Alexis Coleiro)

→ *Postponed to 2021 - Organization of the event by D1 and D2 students to be discussed ...*
- This event is meant to bring all students and researchers affiliated to STEP'UP together.
- Seminar for the whole doctoral school via Zoom conference remains:
« Jobs'day »
- « Association de doctorants » Presentation of HEKLA

Welcome on board !