



## Individual Training Sheet

### Personal training project for your professional integration

The doctorate is a step towards your professional integration. A priority objective of the Doctoral School is to provide the PhD student the opportunity to follow a set of courses that complement its research activities. The candidate should have a leading role from the first year of his doctorate in the identification and implementation of her/his individual professional project.

We invite you to discuss your career plans with your supervisor or any person likely to identify the world of research or fields of activity to which you want to move.

This document has to be completed each year for the university registration. Overall, it allows the doctoral researcher to better identify her/his professional objectives and to regularly take responsibility around her/his individual professional project from the beginning of his PhD.

Before completing this form, it is important to consult the website of the Doctoral School (<https://ed560.ed.univ-paris-diderot.fr/>).

**IMPORTANT: This Individual Training Sheet does not mean that you are enrolled in the formation. This project can/should evolve during your research activities.**

#### Information about the doctoral researcher:

First Name:

LAST NAME:

Doctoral School Section:

Year of your doctorate:

Type of doctorate:

Phone (work):

E-mail (work):

Phone (private/mobile):

E-mail (private):

Information about your PhD advisor:

First name:

LAST NAME:

email pro:

Date:

Description of your professional project (location, public/private sector etc Å):

Doctoral training project/Achieved training<sup>3</sup> of the doctoral researcher during first year:

Name of the formation	Description <sup>1</sup>	Hours/Day	Comments <sup>2</sup>

Doctoral training project/Achieved training<sup>3</sup> of the doctoral researcher during second year:

Name of the formation	Description <sup>1</sup>	Hours/Day	Comments <sup>2</sup>

Doctoral training project/Achieved training<sup>3</sup> of the doctoral researcher during third year:

Name of the formation	Description <sup>1</sup>	Hours/Day	Comments <sup>2</sup>

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1 . Specify if these are general skills training (cross skills, working tools, methodologies) or applied professional training (specific skills for socioeconomic sectors, pursuit of career preparation).

2 . Any comment to better identify the training in your project.

3. Delete as appropriate. For the past years, the actual training received and validated should be indicated. In this case, indicate also the number of points allocated to this training.

## Important document for the PhD presentation



### VALIDATED FORMATIONS DURING THE PhD

Last name ó First name:

College year	NAME OF THE FORMATION	Person in charge or speaker	Validation Number of days		Validation CFDIP *
			Scientifics	Non- scientifics	Yes / No

Date and signature:

	Scientifics	Non- Scientifics	including CFDIP*
<b>Total</b>			
<b>Total of the validated days within ED or Master STEP</b>			
<b>Total of the validated days</b>			

\*please to fill for the students with teaching mission.  
Please also print the synthesis sheet available on the CFDIP website.

**Participation in international congresses:**

Name of the congress	Country		Description

**Foreign stays during the PhD:**

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**Seminars and oral presentations:**

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**Submitted or published articles:**

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**Articles in preparation:**

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**For the « Terre-Environnement » department, participation in field internships (out of trainings in Licence or Master):**

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